

## **WEST BLOOMFIELD TWP.**

### **Orchard Mall hosts free events**

At 12:30 p.m. Wednesday, Aug. 12, Orchard Mall and Beaumont Hospitals will present their seventh center court talk: Gluten-Free Grains. Hiller's Markets Chef Peter Julian will present recipes and samples of gluten-free dishes at the mall. This program is free to the public. Also that week, Orchard Mall welcomes Girls Night Out, a free community event for women featuring a variety of vendors inside the mall. This Girls Night Out will feature sample yoga and meditation classes at the Yoga Shelter, wine and food donated by mall merchants and other activities. The event will take place 7:30-10 p.m. Friday, Aug. 14. The mall is at Maple and Orchard Lake Roads. Call (248) 855-3330.